

LUNCH
BOX
LISTThe
Making
of MeHARDER TIMES, SMARTER THINKING,
REAL RESULTS
HALF DAY**A Professional Development, Leadership & Networking Opportunity For All Women In Business**

8:30am	Registration & Networking
8:45am	Welcome – Claudia Bertorello-Kell
9:05am - 9:30am (25 minutes)	Building Resilience In Tough Times Julie Warburton, Resiliency Specialist, Group Drive How prepared are you to adapt successfully to rapid changes taking place in this economic uncertainty? Resiliency, the skill to bounce back, could very well be the most critical skill of the 21st Century. Resiliency specialist Julie Warburton is here to shift your mindset and help you adopt practical techniques to build resiliency at work and in life and keep up, and on top of the constant state of change that now defines all our lives.
9:30am - 9:55am (25 minutes)	Recession Stress Beater Meredith Forder, Self Management Mentor, Logic Seminars In challenging and confronting times with money worries, job insecurity, rising costs and more, maintaining a healthy and positive attitude in life can be difficult. To survive these harsh economic times it is more important than ever to remain optimistic. Meredith Forder will show you how to find opportunity in every difficulty and provide three essential tips to help you Beat Recession Stress.
10:00am - 10:30am	Listworking & Morning Tea
10:30am - 10:55am (25 minutes)	New Markets, New Opportunities Debbie Whiting, Principal, Utopia Financial Services Turmoil in financial markets means different investment rules. Chartered accountant and financial planning guru Debbie Whiting knows her stuff, multiple times making the respected Personal Investor magazine's Top 50 Adviser List and twice it's Top 10 List. In this session, Debbie shares not only her best business advice to help grow your financial knowledge and discover the opportunities this current situation holds for new and existing investors but also a lifetime's wealth of business experience and advice to enhance you personally and professionally.
10:55am – 11:20am (25 mins)	Developing Top Team Performance Claire Swyny, General Manager, Chandler Macleod Consulting Looking after the team you have and getting the best from them is a constant challenge especially with workplaces under pressure. Pick up on the latest thinking and top tips from organisational expert Claire Swyny in key areas including developing top team performance, increased productivity, satisfaction levels and retention of key staff.
11:20am – 11:50am (30 minutes)	Keynote Address The Making Of Me – Work, Life, A Community Contribution And Leadership in Challenging Times Liz Harris, Managing Director, Challenger TAFE The Making of Me keynote address is a personal reflection on the accomplished career of Liz Harris, Managing Director of Challenger TAFE, running an organisation with over 1000 staff and 26,000 students. She will inspire us with her life journey, views on authentic leadership and also her perspective on the value of making a contribution to the community as part of one's own career development.
11:50am – 12:10pm (20 minutes)	Put Your Best Foot Forward In Style Presented by Garden City And Style Advisory Service (SaS) Find out from Perth's top stylists those tips and trends to make your work wardrobe work for you including dressing for the new season and work wear on a budget.
12:10pm – 12:30pm	Goal Setting & Closing Comments
12:30pm – 1:30pm	Luncheon & LIST Working Opportunity

Event Partners

**WHEN & WHERE**

Thursday 28 May 2009
8:30am – 1:30pm
The University Club of Western Australia
UWA, Hackett Drive, Crawley.
Limited parking available.

TICKETS

Single \$395 (inc all presentations, morning tea, lunch)
Table of 8 \$2750
Early Bird Tickets if booked and paid in full by Friday 8 May \$330 each

FOR MORE INFORMATION & BOOKINGS

Email: info@cebd.com.au
Phone 9380 9120
Book online: www.lunchboxlist.com